

L'ANSE AREA SCHOOLS

EXTRACURRICULAR
&
ATHLETIC HANDBOOK



Board of Education Approved: October 15, 2018

L'ANSE JR/SR HIGH SCHOOL

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Extracurricular & Athletic Code

Academic Eligibility

The Board of Education promotes the academic success of all students regardless of extracurricular involvement. We believe that participation in extracurricular activities can be a valuable component of a student's high school education. We also believe that academics come first and extracurricular activities are meant to enrich a student's education. Participation in extracurricular activities is a privilege that carries with it certain responsibilities. The intent of this policy is to promote a student's academic success while supporting the benefits of the extracurricular experience. Extracurricular activities include those activities that have no grade component to a class, including but not limited to, sports teams, academic teams, cheerleading and clubs.

Previous Semester Record

Per MHSAA regulation, students must have received credit in the prior semester for at least 25 credit hours of work (five classes) to be eligible the following semester (fall semester to be eligible for the spring semester and spring to be eligible for the following fall, etc.). If a student is ineligible due to this requirement, they remain ineligible for the entire next semester. A student entering 9th grade for the first time may participate without reference to their 8th grade records.

Current Semester Record/Weekly Eligibility

Students must be passing at least thirty (30) credit hours (six classes) at the time of an eligibility check. If the student is not passing six classes, the student is ineligible for competition until the next check.

Eligibility is checked on a week-to-week basis. The Jr/Sr High Office will initiate the check on Thursday of each week. The ineligibility period will begin Monday morning and end Sunday evening of the following week. Weekly eligibility checks begin with the fourth week of each marking period and continue through the eighth week of the marking period.

During the period of ineligibility a student may not take part in any formal competition. A student will be allowed to practice and take part in all team activities that do not require them to miss school, unless it is determined to be in the best interest of the student to attend tutoring. For student's belonging to non-competitive organizations, they will be excluded from participation during ineligibility. Students who are ineligible will not be permitted to travel if they will miss any school.

Seasons of Competition

Athletes are allowed to participate in one (1) interscholastic sport per athletic season unless an athlete completes a dual participation form. The maximum number of sports an athlete may participate in per school year is three (3). According to MHSAA regulation, an athlete may not have more than four (4) first and four (4) second semester seasons of competition. If a student who is enrolled in grades nine through twelve is ruled ineligible for any reason for one or more semesters, those semesters count as semesters of competition. Additionally, student athletes must not have been enrolled for more than eight semesters in grades nine through twelve inclusive.

Absences

Students are expected to be in class as part of the learning experience. It is the student's responsibility to ask in advance for assignments and make up all work if class is missed because of a sanctioned practice or extracurricular contest/function. Students are responsible for making up missed work on their own time, not during class time.

Away Events

During away events, students **MAY** be given a sanctioned absence the next morning if the group arrives home exceptionally late. This is at the discretion of the individual coach/advisor, but will not exceed the times below:

After 12:00 AM	-first hour
After 1:00 AM	-first and second hours
After 2:00 AM	-First, second and third hours, etc...

Absences will not be sanctioned if students are absent for more than the allowed class time.

Excused Absences

Students **MUST** be in attendance to practice, play or participate in athletic contests that day. If students are absent from school and it is determined that they practiced, played or participated that day, they will be suspended from the next competition. An exception would be made if the student has an approved medical appointment and provides documentation from the medical office indicating the location and time of the appointment. Student should attend as much of the school day as possible before or after the appointment allowing for adequate travel time. An exception will not be granted for an appointment due to current illness. If a student is sick for any portion of the day, they cannot participate in athletic contests that day. The Principal or Athletic Director must approve any exceptions to this rule.

Unexcused Absences

L'Anse Area Schools has a **ZERO** tolerance policy on unexcused absences. If a student skips even one class during the school day, they will be suspended from their next competition. Suspension from school is considered an unexcused absence. If a student is suspended from school during the athletic season, they will also be suspended from the next competition.

Physical Exam

A physical form must be on file with the Athletic Director in order for a student to participate in athletics. The physician, parent, and a student must sign the form. Insurance obligations are the sole responsibility of the athlete and his/her parents.

Pay to Participate

Many extra-curricular activities have fees that are payable by the participant. Advisors will inform parents of these amounts. All students who play sports will be required to pay an athletic fee. If there is a financial hardship, the family may request in writing to the Athletic Director or Principal to get a sponsor or fee waiver. High School students will pay \$75 for each sport played with a maximum of \$150 per student. Junior High students will pay \$50 per sport with a maximum of \$100 per student. There is a family maximum of \$375. Pay to participate fees must be paid in full before the student will be placed on the team roster. Fees will be collected in the **Central** Office during regular office hours. Fees are not refundable.

Parent Consent Form

No student shall participate unless the parent consent form has been signed and filed with the Athletic Director or Principal.

Transportation

Students must ride the school provided transportation to and from the event. A request by the parent may be made in writing or in person to the coach or Athletic Director (Principal or supervisor for all other extracurricular activities) should other transportation be necessary.

Athletic Code of Conduct Violations

Athletic Code of Conduct violations will apply to each student athlete on a year-round (12 month) basis in all locations, including non-school activities.

Illegal Substances

Students shall not possess, use, sell, distribute or otherwise provide alcoholic beverages, tobacco products, or illicit drugs, including anabolic steroids and look-alike drugs. Violations may be reported by the following: All coaches, advisors, teachers and administrators of the L'Anse Area Schools and by law enforcement officers and parents of athletes involved, upon knowledge of a violation, must provide a statement as to the date and place of violation and given to the athletic director/principal. The student will be informed of the violation, penalty, policy and hearing procedures. The penalty for violating this regulation may include, but is not limited to the following:

1. First Offense: Suspension from participation in all scheduled activities for 25% of the activity.
2. Second Offense: Suspension from participation in all scheduled activities for the remainder of the year.
3. Third Offense: OUT – Suspension from participation in all scheduled activities for your high school career.

Criminal Activity

Students shall not be involved in any criminal activity including but not limited to theft, vandalism, assault, inappropriate texting, cyberbullying, arson, breaking and entering, or any felony. The school district may take action with regard to student conduct regardless of whether or not the court system imposes a penalty. First Offense: Up to and including suspension from all extracurricular activities for one year from the date the penalty is imposed. Second Offense: Up to and including permanent loss of eligibility.

Conduct

An athlete whose attitude or actions in school, out of school, or while participating in athletics (in the school's judgment) is detrimental to the philosophy of the athletic program may be assigned additional disciplinary action and/or ineligibility.

Coach / Advisor Expectations

Coaches and other extracurricular advisors may establish rules governing student behavior that may be in addition to, but not instead of the rules outlined in the code, or any other code of conduct as outlined in the Student Handbook.

Practice Schedules

Practice schedules will be determined by the coach and athletic director. One weekend day off is mandatory. Sunday practices will be permitted only for Varsity teams and only if the team has a game scheduled on Monday. 'Open Gyms' and 'optional practices' will follow the same restrictions on Sundays. Practices on Sunday will be scheduled no earlier than 2:00 p.m. and not after 8:00 p.m. Any participant having a Sunday obligation will be excused with no repercussions or retaliation.

Dual Sport Participation (Two Sports in the Same Season)

There exist circumstances in which it may be in the best interest of both a particular team and individual athlete to allow participation on more than one athletic team during a particular season. This would allow individual athletes an opportunity to excel in activities that will help both them and others to grow and develop physically, socially, and emotionally while, at the same time helping the overall growth, development and success of the entire team.

A parent/guardian of a student who wishes to participate in two sports should request a meeting with the student, the coaches of both sports, and the Athletic Director to discuss these wishes and review the following:

- A written contract will be established wherein all the above named parties may agree upon training and performance requirements concerning the games and practices.
- The athlete must choose his/her primary sport and would be expected to attend all practices and contests of the primary sport.
- The athlete will only be able to participate in the secondary sport when there is not a conflict with primary sport activities. Potential conflicts will be resolved by the parties involved and included in the contract.
- The athlete would be expected to abide by all team rules for both sports, unless mutually agreed upon.
- If the athlete fails to comply with any of the agreed upon criteria, the athlete will no longer be eligible to participate in the secondary sport.

If you are interested in participating in two sports during the same season, contact the Athletic Director to review the expectations and get the form that needs to be completed.

EMERGENCY TREATMENT PERMISSION FORM



I hereby authorize emergency treatment of my child, _____, by a license physician in the event s/he is injured or becomes ill while participating in contest, practices, and related traveling of L'Anse Area Schools. I understand that an attempt will be made to notify us by phone for verbal permission prior to treatment, however, if this is impossible, that this document signed and witnessed constitutes a request for the above treatment.

I certify that my child _____ was born on _____
(PRINT NAME)

Medication(s) allergic to: _____

Date of last tetanus booster: _____

Medication(s) currently being taken:

Name of medication: _____ Reason for taking it: _____

Name of medication: _____ Reason for taking it: _____

Personal Physician: _____ Phone: _____

Medical Insurance Co.: _____ Policy Number: _____

Emergency Parent/Guardian Information

Parent/Guardian Name: _____ Home Phone: _____

Cell Phone: _____ Work Phone: _____

Parent/Guardian Name: _____ Home Phone: _____

Cell Phone: _____ Work Phone: _____

Parent/Guardian Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____

Witness Signature: _____ Date: _____

Witness PRINT Name: _____